

To participate in the 5th Southend RNLI Boxing Day Dip, please complete, sign and return the admin tent, including your £25 (non-refundable) entry fee.

Name: _____

Address: _____

Postcode: _____

Telephone: _____ Date of Birth: _____

E-mail: _____

Emergency Contact Name: _____ Relation: _____

Emergency Contact Number: _____

How did you find out about the event?: _____

How would you like to receive your information pack?: Post Email

This is a non-swimming event - a dip in the sea only. Please make your way in and out of the sea sensibly, avoiding other participants. Entry into the sea may be staggered depending on number of participants.

Safety Questions (please tick as appropriate):

1. Do you have any medical conditions or concerns about your fitness which you feel will affect your safe participation in this event? Yes No

If yes, please detail your conditions / concerns _____

2. Under normal swimming conditions would you have any difficulty swimming at least 50 metres? Yes No

Information:

- Please do not leave valuables unattended.
- Fancy Dress is optional – before entering the water you are instructed not to wear any head-gear or head costume. Please take into consideration, that your outfit will absorb water and make it difficult to manoeuvre.
- Please stay within your depth.

Payment

Please tick method of payment you have used.

Pay on the Day (£25 per person)

Please read the Conditions of Entry on the laminated pages. Once you have done this, you will need to sign the Declaration on the reverse page. Please return form to the admin tent for processing, once complete.

Declaration

I understand, acknowledge and accept that that there are risks and dangers inherent in participating in the above event and I do so entirely at my own risk.

In consideration of the Royal National Lifeboat Institution (“the Institution”) permitting me to participate in this event, I expressly and voluntarily release the Institution, its officers, employees and agents from any and all liability (to the extent permitted by law) from any loss, injury or damage suffered in relation to my attendance and participation at the event or costs, including legal fees, associated with or arising from my participation in the event caused in any way other than through acts of negligence or wilful default on the part of the Institution.

I acknowledge that I have read this Waiver/Release Agreement and the Conditions of Entry that I understand the words and language in it. I have been advised of the potential dangers incidental to participating in this event and confirm that I am not aware of any medical condition or impairment that may be detrimental to my health if I participate in this event. In the event that I become aware of a medical condition or impairment or am otherwise ill or injured prior to the event, I will withdraw from the event.

I acknowledge that participating in this event may involve a real risk of serious injury or even death from various causes including (but not limited to); hypothermia, over exertion, dehydration and accidents with other participants, spectators or road users.

I can confirm I have paid my entry fee, either online or enclosed.

Signed*: _____ Date: _____

If the participant is under 18 this form **must be signed by a Parent or Guardian. Participant under 18 (please tick here)*

New RNLI Initiative - Opt In – We Need Your Tick!

As you may have heard, the RNLI has taken a new initiative when it comes to gaining permission from its supporters. It is vitally important you now choose to **OPT IN** to continue to hear about our events here at Southend RNLI.

Without your tick, we cannot communicate with you about future events!

We never give your information to any other organisations. If you **would like** to continue to receive communication from Southend RNLI (regarding future events), **please tick here.**

For Office Use:

	Please Confirm and Tick
Declaration Signed	
Payment Made (£25)	
Payment Method (Cash or CHQ)	
Wristband No.	
Processed By	